



The Social Security Provider



Built on a strong foundation. Positioned for your future.

The National Insurance Board has been providing social security services to the people of Trinidad and Tobago for more than 37 years. We opened our doors in 1972 offering much needed social benefits to insured persons who contribute to the National Insurance System. Today, we stand proud, adding value to our customers' lives with 23 benefits in 7 categories, 14 conveniently located Service Centres and a vision for the future.

We continue to make provisions so that your life's journey will be a little easier with each passing year.

• NIS Benefits

Sickness Maternity

- Grant
- Allowance
- Special Maternity Grant

Invalidity Funeral Grant Retirement

- Retirement Pension
- Retirement Grant

Employment Injury

- Injury Allowance
- Medical Expenses
- Disablement Grant
- Disablement Pension
- Employment Injury Death
 - Widow's Pension
 - Widower's Pension
 - Remarriage Grant
 - Child's Allowance
 - Dependent Parent Pension

Survivors'

- Widow's Pension
- Widower's Pension
- Remarriage Grant
- Child's Allowance
- Orphan's Allowance
- Dependent Parent Pension