



## **INSTRUCTIONS FOR USE OF LIFE CERTIFICATE**

**(The purpose of the Life Certificate is to establish that the beneficiary is alive on the date of this Declaration)**

1. All Recipients of National Insurance Retirement, Invalidity and Disablement Pensions, Survivors Benefits and Employment Injury Death Benefits must complete this LifeCertificate every six months.
2. The Declaration may be signed by:
  - (a) (For a resident of Trinidad and Tobago)  
any Magistrate, Justice of the Peace, Clergyman, Warden, Councillor/Assemblyman, Bank Manager, Medical Practitioner, Attorney-at-Law, Principal/Vice Principal of any Government/approved School, Head of any Government Institution or any Police/Military officer of the rank of Sargeant and above or Local Office Staff or Supervisory Officer of the National Insurance Board.
  - (b) (For a non-resident of Trinidad and Tobago)  
a member of the Trinidad and Tobago Mission in the Country in which the Beneficiary is a resident OR an Attorney-at-Law, OR a Notary Public, OR a Justice of the Peace OR a Medical practitioner.
3. Identification produced by the beneficiary should be a valid form of one of the following: Passport, Driver's Permit or Electoral Identification Card.